

Chromium

breakfast

Yogurt Parfait (V,GF,NF) Fresh berries, house made granola	8
Warm Oatmeal (VG, GF, DF) Dried Fruit, almonds	8
Breakfast Sandwich (NF) Sausage, egg, American cheese	8
Super Food Toast (VG, DF) Almond butter, banana, berries, Agave	10
Multigrain Pancake (V, NF) Cinnamon apples, lemon	11
Quiche Lorraine (NF) Gruyere, bacon	11
Avocado Toast (V, NF, DF) Shaved Brussels, sunny egg	11
Midtown Breakfast (NF) Two eggs, bacon or sausage, potatoes	13
Omelet (V, GF) Goat cheese, herbs	13

salad & pizza

Mixed Greens (VG, DF, NF, GF) Champagne vin, radish	10
Kale Caesar (NF) Parmesan, sourdough croutons	11
Grain Bowl (VG, NF, DF) Quinoa, cabbage, ginger, squash	11
Flat Iron Steak Salad (DF) Spinach, pears, candied walnuts.	14
The Serve (V, NF) Fig, goat cheese, caramelized onion	12
The Volley (NF) Prosciutto, truffle honey, mushroom	13
The Ace (NF) Mortadella, ricotta, basil	14

mains

Linguine (V, NF) Pecorino, black pepper	14
Grilled Swordfish Skewer (NF, DF) Hummus, chermoula	14
Shrimp Salad (NF) New England roll, bibb lettuce	15
Grilled Chicken Club (NF, DF) Bacon, dijonaise	15
Roast Salmon (NF, GF) Cauliflower, brown butter	15
Midtown Burger Two-year cheddar, Midtown sauce	16

sides

avocado	3
toast	4
bacon	4
sausage	4
fresh fruit	4
side salad	5

protein add-ons

chicken breast	4
shrimp	5
tofu	5
impossible burger	5
salmon	6
flat iron steak	6
swordfish skewer	6

V-Vegetarian VG-Vegan DF-Dairy Free NF-Nut Free GF-Gluten Free

*We take steps to minimize risk and safely handle food that contain potential allergens, please be advised that cross contamination may occur.

**consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illnesses.

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